

QUESTIONNAIRE
SPIRITUAL TRAINING FOR MILITARY LEADERS

Service _____ Yrs

Arm / Service _____

Army / Navy / Air Force

QUESTIONNAIRE

Q1. Do you think spirituality and values are interlinked ?

A1. Yes / Not Sure / No

Q2. Have you read or heard about a concept called 'Servant Leadership' as taught by Lord Jesus Christ ?

A2. Yes / No

Q3. Have you read or heard about the concept of 'Nishkam Karma ' as enshrined in Bhagwat Gita.?

A3. Yes / No

Q4. In your opinion should values and moral codes remain permanent or they should evolve as per changing times?

A4. Remain Permanent / Should Evolve as per Changing Times / Not Sure

Q5. There is a common perception in the environment that age old values have undergone a change for the worse in the current wave of materialism as compared to olden times thus affecting the art of leadership? Do you agree?

A5. Yes / Not Sure / No

Q6. Do you think that the leadership training methodology based on western model, as being practiced today, is foolproof in catering to the dynamics in an Indian context?

A6. Yes / Not Sure / No

Q7. What are the core qualities as perceived by you that go to make a military leader? Choose from among the following as well as add your own at the end.

- A7. (a) Competence.
 (b) Compassion.
 (c) Selflessness.
 (d) Moral Courage.
 (e) Character
 (f) Birth and upbringing.
 (g) Contentment.
 (h) Communicationn skills.
 (j) Disposition.
 (k) Physical fitness.
 (l) Courage.
 (m) Self Control / discipline.
 (n) Fairness.
 (o) Honesty.
 (p) Magnanimity.
 (q) Knowledge.
 (r)
 (s)
 (t)

Q8. Which of the above core qualities can be acquired by a structured study of our scriptures?.

- A8. All of them / Most of them / Some of them / None of them

Q9. What in your opinion is the relevance of spiritual training for military leaders besides imbibing qualities specific to military leadership? Tick from amongst options given as well as add your own.

- A9. (a) Exercise leadership from a 'Higher Self' rather than a 'Lower Self'.
 (b) Developing qualities of a 'Transformational Leader' rather than a 'Transactional Leader'.

- (c) 'Subordinate Growth' oriented leadership.
- (d) Developing a philosophical attitude towards promotions and postings.
- (e) Greed control.
- (f) Anger control.
- (g)
- (h)

Q10. What are the core values as perceived by you that should form the bedrock of Indian Armed Forces for trng our leadership? List them. (To guide you a list of institutionalised values of US and British Armed Forces is being provided alongwith a set of tentative values for Indian Armed Forces as they have not been institutionalised so far. You may tick any of them as well as add your own to the list)

A10. (a) **US Army.**

- (i) Loyalty.
- (ii) Duty.
- (iii) Respect.
- (iv) Selfless Service.
- (v) Honour.
- (vi) Integrity.
- (vii) Personal Courage.

(b) **British Army.**

- (i) Selfless Service.
- (ii) Courage.
- (iii) Discp.
- (iv) Integrity.
- (i) Loyalty.
- (iii) Respect for others.

(c) **Indian Army (Not yet institutionalised. List below is tentative).**

- (i) **Individual Values.**

- (aa) Honour.
- (ab) Integrity.
- (ac) Loyalty.
- (ad) Courage.
- (ae) Honesty.
- (ae)
- (af)

(ii) **Organisational Values.**

- (aa) Espirit-de-corps.
- (ab) Duty and Honour.
- (ac) Sacrifice.
- (ad) Courage.
- (ae) Truthfulness.
- (ae)
- (af)

(iii) **Growth Values.** (To devp a wholesome ldrship personality to meet the needs of the entire system and not of its parts)

- (aa) Personal Competence.
- (ab) Social Competence.
- (ac) Personal Integrity.
- (ad) Social Integrity.
- (ae)
- (af)

Q11. Do you think a spiritually evolved leader is more likely to imbibe and thereafter follow the learnt values while prac the art of leadership?

A11. Yes / Not Sure / No

Q12. In your opinion should the values, moral codes and spiritual traditions of our civilisation as enshrined in the Indian scriptures like Ramayana, Mahabharat, Bhagwat Gita, Vedas ,Upnishads,Puranas,etc

as relevant to military leaders be studied? If yes at what career stage for different levels of leadership?

A12. Level Of Leadership Career Stage

- (a) Functional (upto Colonels)
- (b) Directional (Brigadiers and Major Generals)
- (c) Conceptual (Lieutenant Generals and above)

Q13. Where should we draw the instructional staff from for imparting the desired spiritual training as outlined in Q6?

- A13. (a) In house by officers / Religious Teachers (RTs).
 (b) To be drawn from the environment including Religious Teachers / Gurus like Baba Ramdev and Sri Sri Ravi Shankar.
 (c) Both the above.

Q14. What in your opinion should be the curriculum for spiritual training of military leaders? Tick from amongst options given as well as add your own.

- A14. (a) Meditation /Yoga.
 (b) Studying life histories of ancient leaders like Shivaji, Rana Pratap,Rani Jhansi, Guru Gobind Singh,etc.
 (c) Relevant extracts of wisdom from our scriptures viz. Ramayana,Gita, Vedas, Puranas, Arthashastra,etc.
 (d)
 (e)

SERVANT LEADERSHIP

CHECKPOINT 1

My Servant HEART – Leadership Character

1. Effective leadership starts on the inside.
 - * Real change in behavior eventually requires a transformation of the heart. That's where the core of who I am resides.
 - * Jesus' message was not just for the mind. It was directed at my heart. I was a real heart attack; it was about character change. Jesus is interested in me being a different persons – a good and caring human being.
 - * True leadership starts on the inside with a servant heart, then moves outward to serve others.
 - * As a servant first and a leader second, I will assume leadership only if I see it as a way in which I can serve. I'm 'called' to leadership, rather than driven to it, because I naturally want to be helpful.
 - * Jesus did not want his discipline to be leaders first; he wanted them to become servants first. He told them.
 - * Not so with you. Instead, whoever wants to be great among you must be your servant and whoever wants to be first must be slave to all".

2. Leaders with servant hearts have certain characteristics and values in common :-
 - * My paramount aim is the best interest of those I lead.
 - * I gain personal satisfaction from watching the growth and development of those I lead.
 - * I have a loving care for those I lead.
 - * I want to be held accountable; I ask, "Has my performance met the needs of those I serve ?".

- * I'm willing to listen. In fact, I love feedback and advice – any information that will help me serve better.
- * I have my ego under control. I don't think less of myself, I just think about myself less. I don't Edge God Out !.

CHECKPOINT 2

My Servant HEAD – Leadership Methods

1. Leadership begins with a clear vision.

- * There are two aspects of leadership-a visionary role (doing the right thing) and an implementation role (doing things right).
- * A vision is a picture of the future that produces passion, and it's this passion that I and other people want to follow. An organisation without clear vision is like a river without banks – it stagnates and goes nowhere.
- * A clear vision has four aspects :-

Purpose – telling me and others what business we're in.

Image – providing a picture of what things would be like if everything were running as planned.

Values – determining how I and others should behave when working on the purpose.

Goals – focusing my energy and the energy of others right now.

- * The traditional pyramidal hierarchy is effective for the visionary aspect of leadership. People look to me as their leader for vision and direction. While I should involve experienced people in shaping direction, I can't and won't delegate the responsibility for establishing vision and direction.

2. If I want people to be responsible, I must be responsive.

- * The implementation role – living according to the vision and direction – is where most leaders and organizations get in trouble. The traditional pyramid is kept alive and well, leaving the

customers uncared for at the bottom of the hierarchy. All the energy in the organization is to be responsive to their boss, leaving the customer contact people – those closest to the customer – to be “ducks”, quacking away : “It’s our policy,” “I just work here”, or “Do you want to talk to my boss ?

- * Effective implementation requires turning the traditional hierarchical pyramid upside-down so the customer contact people are at the top of the organization and can be responsible – able to respond and soar like eagles –while leaders like myself serve or are responsive to our people – helping them to accomplish goals and to live according to the vision and direction.
- * The essence of servant leadership as symbolized by Jesus washing the feet of his disciples becomes operational only when the vision and direction are made clear to everyone.
- * Clear vision comes first from the traditional hierarchy; implementation then follows with servant leadership, in which the shepherded is there for the benefit of the sheep.

3. The servant leader as a performance coach.

- * There are three aspects of an effective performance management system :-

Performance Planning – All good performance starts with clear goals.

Day-to-Day Coaching – Observing a person’s performance, praising progress, and redirecting efforts that are off-base.

Performance Evaluation – final assessment of a person’s performance over a period of time.

- * Most organizations emphasize performance evaluation, with some attention to performance planning. The area most often neglected

is day-to-day coaching. This is the most important area for servant leaders. I focus my attention here.

- * The five key steps for me, as a servant leader, to help potential winners become winners are :-
 1. Tell them what to do.
 2. Show them what to do.
 3. Let them try.
 4. Observe their performance, and then.
 5. Praise their progress, or redirect.

- * The step that's most often missed is observing performance. When I stop noticing performance, I have stopped being a performance coach. After Jesus gave his discipline the great commission, he told them he would be with them forever. He is always there ready to help. All servant leaders should do the same.

- * My key to developing people is to catch them doing something right. In the beginning, when they're learning something new, it can be approximately right. I praise progress. I know it's a moving target.

CHECKPOINT 3

My Servant HANDS – Leadership Behaviour

1. Servant leadership is not about pleasing everyone.
 - * I want to serve and help people to accomplish their goals and be effective, but my emphasis is on obedience to a higher mission and set of values.
 - * Jesus certainly did not try to please everyone. His simple concern was to please God.
 - * Servant leadership without a relationship to God can lead to an ego trip. E.G.O. = Edging God Out.

2. Servant leaders focus on spiritual significance more than earthly success.

- * I'm more concerned about generosity than accumulation of wealth.
- * I'm more concerned about service than recognition.
- * I'm more concerned about developing loving relationship than power and status.
- * When I focus on spiritual significance, fulfilling earthly success can then follow.

3. Effective servant leaders develop a triple bottom line.

- * I emphasize that profit is the applause we get by serving our customers well and providing a motivating and empowering environment for our people.
- * All three factors – financial strength, raving-fan customers, and gung ho people – are important. If one is overemphasized at the expense of the others, our long-term effectiveness is limited.

4. On a daily basis, effective servant leaders recalibrate their commitment to serve.

- * I have support/accountability group to keep me on track.
- * I make frequent use of the three disciplines: solitude, prayer, and the study of Scripture.
- * I work my way through the twelve steps to Faith Walk Leadership.
- * I admit that on more than one occasion. I have allowed my ego needs and drive for earthly success to impact my role as a leader.
- * I've come to believe that God can transform my leadership motives, thoughts, and actions.

- * I've made a decision to turn my leadership efforts over to God, and to become an apprentice of Jesus.
- * I make a daily inventory of my leadership motives, thoughts, and behaviors that are inconsistent with servant leadership.
- * I admit to God, to myself, and to my significant others the exact nature of my leadership gaps – when I behave in ways that do not make Jesus proud.
- * I am entirely ready to have God remove all character defects that have created gaps in my leadership.
- * I humbly ask God to remove my shortcomings and to strengthen me against the temptations of recognition, power, and greed.
- * I'm making a list of people whom I may have harmed by my ego-driven leadership, and I am willing to make amends to them all.
- * I make direct amends to each person whenever possible, unless doing so would injure them or others.
- * I continue to take personal inventory regarding my leadership role, and when I am wrong, I promptly admit it.
- * By engaging the discipline of solitude, prayer, and study of the Scripture, I seek to align my servant leadership efforts with what Jesus modeled, and to constantly seek ways to be a servant first and a leader second with the people I encounter in my leadership responsibilities.
- * Having had a “heart attack” regarding the principles of servant leadership, I have tried to carry this message to other leaders, and to practice them in all my affairs.

