| Figure No. | Title of Figure | Page No. |
|-----------------|------------------------------------------------------------------|----------|
| Figure 2.6 | Immaturity-Maturity Continuum | 63 |
| Figure 2.7 | Alderfer's 'ERG' Theory | 65 |
| Figure 2.8 | A Reorganisation of Maslow's and Alderfer's 'ERG' Hierarchies | 66 |
| Figure 2.9 | Vroom's Valence, Instrumentality And Expectancy (VIE) Theory | 70 |
| Figure 2.10 | Adam's Equity Theory of Motivation | 72 |
| Figure 2.11 | Reinforcement Theory of Motivation- Concept | 73 |
| Figure 2.12 | Goal Setting Theory of Motivation- Concept | 75 |
| The sport | LIST OF ANNEXURES | |
| Annexure No. | Title of Annexure | Page No. |
| Annexure-1 | Railway Map of India | 228 |
| Annexure-2 | IR Sections with line capacity and utilization above 100% | 229 |
| Annexure-3 | Questionnaire | 230-238 |